



Instructions: Sunflower



STEP 1

Place the growing medium pellets in a bowl. Add 2-1/4 cups lukewarm water. The pellets will expand as they absorb the water and turn into growing medium. Fluff the growing medium with a fork, adding more water if necessary.



STEP 2

Add 3/4 of the growing medium to the container, reserving the rest to cover the seeds.



STEP 3

Sprinkle no more than 10 seeds evenly over the surface of the growing medium. Save any remaining seeds for additional plantings or plant in your garden.



STEP 4

Lightly cover the seeds with the remaining growing medium.

Care:



WATERING

Use a fine mist or gently sprinkle water on top to moisten. Water daily with a fine mist to keep moist. A spray bottle is a perfect tool to water your plants. Do not over water.



LIGHT

Place in a warm, sunny location. For best results, rotate the pot often so all sides receive equal sunlight.



GERMINATION

Germination requires consistent temperature and moisture. To stimulate germination of the seeds, you can cover the pot with a piece of plastic wrap to keep the moisture content higher. Keep moist, but do not allow the growing medium to become soggy as this will cause the seeds to rot. Days to germination: Sunflower 7-14

TRANSPLANTING

Depending on how many plants you have been able to grow, you want to be sure to 'thin out' the plants to give them enough space to grow in the container. Leave the 3 strongest, healthiest plants in your container. Remove all others. It is best to snip the unwanted plants with a small pair of scissors at ground level. Attempting to pull out the extra seedlings may harm the root systems of the seedlings you want to keep. Or if you desire, you may transplant the others to your garden or to a bigger pot. To transplant, moisten and carefully separate the delicate plants taking special care not to damage the stems or roots while moving. A dinner fork is a great tool to assist you in removing the seedlings.



FERTILIZER

It is important to feed your plants. Use a standard plant fertilizer when your seedlings are 2"-3" in height and follow the instructions on the fertilizer packaging.